

The  
**FOLIO**  
Bar & Kitchen  
Cambridge

## **Lunch Menu**

£25 for 2 courses / £35 for 3 courses

### **Starters**

#### **Roasted Vine Tomato Soup**

#### **Croquette**

Serrano ham & cheese croquette, piccalilli dressing *G, E, D, Mu, S, SF*

#### **Chickpea bonbons**

Hummus, muhammara, pomegranate molasses *G*

#### **Terrine**

Ham hock & smoked chicken terrine, apple & plum chutney, onion bread *G, Mu, SF*

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## **Main Courses**

#### **Turkey**

Cranberry & chestnut stuffing, pig in blanket, goose fat roast potatoes, rosemary jus *G, E, D, SF*

#### **Cod**

Dill crusted, roasted new potatoes, squash, kale, baby leeks and lemon beurre blanc *G, E, D, SF*

#### **The Fellows Beef Burger**

Aberdeen Angus beef burger, cheddar, gem lettuce, tomato, truffle mayonnaise, pretzel bun *G, E, D, Mu*

#### **The Fellows Fish & Chips**

Pale ale beer and nori spiced bettered Atlantic cod, garden peas, crunchy chips, homemade tartar sauce *G, F, E, SF, Mu*

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## **Desserts**

#### **Bitter chocolate tart**

Mixed berry compote and local Millow Hill vanilla ice cream *G, E, D*

#### **Crumble**

Apple Crumble, vanilla custard *G, N*

**Selection of ice cream and sorbet** *D, E, N, S*



## *The Heart of Folio Lunch Menu*

£25 for 2 courses / £35 for 3 courses

### *Starters*

#### **Soup**

Carrot, ginger & parsnip velouté, parsnip crisps, fine herb oil

#### **Zaatar Tofu**

Zaatar tofu bites, vegan tartar, micro herbs *G, Mu, SS, S*

#### **Chickpea bonbons**

Hummus, muhammara, pomegranate molasses *G*

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### *Main Courses*

#### **Chermoula Squash**

Roasted squash and heritage carrots, edamame beans and apricot quinoa, crispy kale, toasted seeds and asparagus & green pea velouté *SS, S*

#### **Gnocchi & Burrata**

Sautéed gnocchi in roasted tomato sauce, sweet peppers, rocket, fresh burrata, aged balsamic reduction *G, E, D, SF*

#### **The Fellows Plant Burger**

Plant-based Pattie, cheddar, sumac onion, guacamole, brioche bun *G, D, Mu*

#### **The Fellows Tofish & Chips**

Pale ale beer and nori spiced battered tofu, garden peas, crunchy chips, home-made vegan spicy tartar sauce *G, Mu, SF, S*

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### *Desserts*

#### **Warm Brownie\***

Chocolate brownie, choice of ice cream *G, E, D*

#### **Carrot Cake\***

Nut and coconut crumble *G, E, N, S*

#### **Selection of ice cream and sorbet**

\*Vegan Brownie and Carrot Cake available

